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ABSTRACT OF THE DISCLOSURE

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A steel member (10,40,70,100) for use in supporting structures and having reduced heat transfer characteristics as compared with solid web studs, and having a web (12,42,72,102) defining side edges and an axis, a flange (14,44,74,104) on at least one side edge, openings (18,46,76,112) through said web (12,42,72,102) at spaced intervals therealong, of predetermined size and profile, at least a side portion of said web (12,42,72,102) removed from said opening (18,46,76,112) remaining attached integrally to said web (12,42,72,102), by bend lines being formed along axes parallel to said web axis.

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Also disclosed is a composite member (130) made up of two such members (132) joined together.

Also disclosed is a method of making such a member (10,40,70,100,130,132).

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